

Drug-Free Schools and Colleges Annual Notification For Alcohol, Other Drug, and Violence Prevention EDGAR Part 86

As a requirement of these regulations, Carl Sandburg College is to disseminate and ensure receipt of the below policy/information to all students, staff, and faculty on an annual basis. This process is formally conducted by each semester to enrolled students and annually to the staff and faculty. Questions concerning this policy and/or alcohol and other drug programs, interventions and policies may be directed to Misty Lyon, Dean of Student Success at mlyon@sandburg.edu or Kip Canfield, Director of Public Safety at kcanfield@sandburg.edu

Polices - Alcohol, Other Drugs, and Weapons

As an academic community, Carl Sandburg College is committed to providing an environment in which learning and scholarship can flourish. The possession or use of illegal drugs, or the abuse of those which may otherwise be legally possessed, seriously affects the college environment, as well as the individual potential of our students and staff. The college enforces state laws and related college policies, including those prohibiting the following activities on campus:

- A. Providing alcoholic beverages to individuals under 21 or possession or consumption of alcoholic beverages by individuals under 21.
- B. Distribution, possession, or use of illegal drugs or controlled substances.
- C. Possession of firearms or other dangerous weapons.

The abuse of alcohol and other drugs by students, regardless of age and of location (on-campus or off-campus), is prohibited by the Student Conduct Code. The college can and will impose disciplinary sanctions for violations. Students are also subject to city ordinances and state and federal laws.

Student Code of Conduct go to <http://www.sandburg.edu/About/Board-of-Trustees/Assets/procedures/proc-3.16.1.1-disciplinary-due-process.pdf>

Policy on Substance Abuse/Alcohol 2.14 <http://sandburg.edu/About/Board-of-Trustees/Assets/Policy/policy-2.14.pdf>

Policy on Tobacco Free Campus 2.16 http://sandburg.edu/About/Board-of-Trustees/Assets/Policy/policy-2_16.pdf

Regulation on Substance Abuse 2.14.1 http://sandburg.edu/About/Board-of-Trustees/Assets/reg-2_14_1-substance-abuse.pdf



Regulation on Alcohol Abuse 2.14.2 http://sandburg.edu/About/Board-of-Trustees/Assets/reg-2_14_2-alcohol-abuse.pdf

Policy on Firearms and Weapons 1.13 <http://sandburg.edu/About/Board-of-Trustees/Assets/Policy/policy%201.13.pdf>

The College strongly encourages students and staff members to voluntarily obtain assistance for dependency or abuse problem before such behavior results in an arrest and/or disciplinary referral which might result in their separation from the institution.

The use of, or addiction to, alcohol, marijuana, or controlled substances is not considered an excuse for violations of the Student Conduct Code or staff expectations, and will not be a mitigating factor in the application of appropriate disciplinary sanctions for such violations.

Help is available both on campus and within the community for students and staff members who are dependent on, or who abuse the use of alcohol or other drugs. **Carl Sandburg College Counseling services are available to all students free of charge in E100 on the Galesburg campus (309) 341.5237 or in Carthage at 217.357.3129.** For staff and faculty, our Employee Assistance Program is available at 1-800-383-7900. Other professional agencies will maintain the confidentiality of persons seeking help for personal dependency and will not report them to institutional or state authorities. Sandburg also provides educational and awareness programming, information, and assistance through our Student Life activities and through specific coursework.

Student Sanctions - Alcohol, Other Drugs, and Weapons

Students confronted by the institution for the consumption of alcohol will face disciplinary sanctions ranging from verbal warnings, written warnings, suspension, and termination from employment or expulsion from school.

Students whose use of alcohol or drugs results in harm or the threat of harm to themselves or others, or to property, regardless of the location of the incident, may face disciplinary action by the College up to and including expulsion.

Student Code of Conduct go to <http://www.sandburg.edu/About/Board-of-Trustees/Assets/procedures/proc-3.16.1.1-disciplinary-due-process.pdf>

Commonly Imposed Disciplinary Sanctions For On-Campus Policy Violations:

Policy Violation	Other Typical Sanctions - 1st Offense	Typical Sanctions – 2nd Offense
Possession of Alcohol *	Alcohol Education Program through	Disciplinary probation and mandated referral

	Sandburg Counseling- Warning Probation	to an outside agency or suspension
Single Incident of Possession of Marijuana For Personal Use *	Disciplinary Probation and, Drug Education Program on Marijuana through Sandburg Counseling	Suspension
Possession of More Than One Ounce of Marijuana *	Suspension or Expulsion	Suspension or Expulsion
Possession of Any Amount of "Hard" Drugs (Cocaine, PCP, etc.) *	Suspension or Expulsion	Suspension or Expulsion
Conveying Marijuana or A Controlled Substance To Another Person *	Suspension or Expulsion	Suspension or Expulsion
Possession of Firearms or Other Dangerous Weapons *	Suspension or Expulsion	Suspension or Expulsion

*All offenses will be reported to the Office of Public Safety at Sandburg.

As members of the College community, students are also subject to city ordinances and to state and federal law. Arrest and prosecution for alleged violations of criminal law or city ordinances may result from the same incident for which the College imposes disciplinary sanctions.

Employee Sanctions

The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance by employees on College premises, or while conducting College business off College premises, is absolutely prohibited.

Violations of this prohibition by employees may result in the application of sanctions, including possible required participation in an approved drug abuse assistance or rehabilitation program, and disciplinary action up to and including termination of employment under applicable Sandburg Board of Trustee regulations, College policies, statues, employment contracts, or collective bargaining agreements.

Illinois Sanctions for Violation of Alcohol Control Statutes

235 Illinois Compiled Statutes 5/6-20

- A. Class A Misdemeanor - unlawful use of a identification card
- B. Class 4 Felony - fictitious or unlawfully altered identification card
- C. Class 4 Felony - fraudulent identification card
- D. Class B Misdemeanor to possess or sell alcohol if you are under 21.*
- E. Class A Misdemeanor to sell, give, or deliver alcohol to individuals under 21 years of age. Local ordinances may also be enforced.

Class A Misdemeanors are punishable with a fine of \$1 to \$2,500 and up to 1 year in the county jail.

Class B Misdemeanors are punishable with a fine of \$1 to \$1,500 and up to 6 months in the county jail.

- These violations may also result in one's driver's license being administratively revoked or suspended by the Illinois Secretary of State's office.

Illinois Sanctions for Driving Under the Influence

625 Illinois Compiled Statutes 5/11-501

- A. Driving while under the influence of alcohol, other drug or drugs, intoxicating compound or compounds or any combination thereof
 - a. First Conviction
 - i. Minimum of one-year loss of full driving privileges
 - ii. Possible imprisonment for up to one year
 - iii. Maximum fine of \$2,500
 - b. Second Conviction
 - i. Minimum five-year loss of full driving privileges for a second conviction in a 20-year period
 - ii. Mandatory five days imprisonment or 240 hours of community service
 - iii. Possible imprisonment for up to one year
 - iv. Maximum fine of \$2,5000
 - c. Third Conviction – Class 2 Felony
 - i. Minimum ten-year loss of full driving privileges
 - ii. Mandatory 18-30 month periodic imprisonment
 - iii. Possible imprisonment for up to seven years
 - iv. Maximum fine of \$25,000
 - d. Aggravated DUI – Class 4 Felony (following a crash resulting in great bodily harm or permanent disfigurement)
 - i. Minimum of one-year loss of full driving privileges

- ii. Mandatory ten days imprisonment or 480 hours of community service
 - iii. Possible imprisonment for up to twelve years
 - iv. Maximum fine of \$25,000
- B. Other alcohol offenses
- a. Providing alcohol to a person under age 21
 - i. Possible imprisonment for up to one year
 - ii. Maximum fine of \$2,500
 - b. Illegal transportation of an alcoholic beverage
 - i. Maximum fine of \$1,000
 - ii. Point-assigned violation will be entered on drivers record
 - iii. Driver's license suspension for a second conviction in a 12 month period
 - c. Knowingly permitting a driver under the influence to operate a vehicle
 - i. Possible imprisonment for up to one year
 - ii. Maximum fine of \$2,500
 - d. Summary Suspension
 - i. First offense
 - 1. A chemical test indication a BAC of .08 or greater results in a mandatory six-month driver's license suspension
 - 2. Refusal to submit to a chemical test(s) results in a twelve-month suspension
 - ii. Subsequent offenses
 - 1. A chemical test indicating a BAC of .08 or greater results in a mandatory one-year driver's license suspension
 - 2. Refusal to submit to a chemical test(s) results in a three-year license suspension

Illinois Penalties for Drinking and Driving Under Age 21

- A. Driving while under the influence of alcohol, other drug or drugs, intoxicating compound or compounds or any combination thereof
 - a. First Conviction
 - i. Minimum of two-year loss of full driving privileges
 - ii. Possible imprisonment for up to one year
 - iii. Maximum fine of \$2,500
 - b. Second Conviction
 - i. Minimum five-year loss of full driving privileges for a second conviction in a 20-year period
 - ii. Mandatory five days imprisonment or 240 hours of community service
 - iii. Possible imprisonment for up to one year
 - iv. Maximum fine of \$2,5000
 - c. Third Conviction – Class 2 Felony
 - i. Minimum ten-year loss of full driving privileges
 - ii. Mandatory 18-30 month periodic imprisonment
 - iii. Possible imprisonment for up to seven years

- iv. Maximum fine of \$25,000
- d. Aggravated DUI – Class 4 Felony (following a crash resulting in great bodily harm or permanent disfigurement)
 - i. Minimum of one-year loss of full driving privileges
 - ii. Possible imprisonment for up to twelve years
 - iii. Maximum fine of \$25,000
- B. Other alcohol offenses
 - e. Illegal transportation of an alcoholic beverage
 - i. Maximum fine of \$1,000
 - ii. Driver’s license suspended for first conviction
 - iii. Driver’s license revoked for a second conviction
 - f. Summary Suspension
 - i. First offense
 - 1. A chemical test indication a BAC of .08 or greater results in a mandatory six-month driver’s license suspension
 - 2. Refusal to submit to a chemical test(s) results in a twelve-month suspension
 - ii. Subsequent offenses
 - 1. A chemical test indicating a BAC of .08 or greater results in a mandatory one-year driver’s license suspension
 - 2. Refusal to submit to a chemical test(s) results in a three-year license suspension
- C. The Zero Tolerance Law provides that minors can have their driving privileges suspended even if they're not intoxicated at the .08 level. The following table shows the length of time your driving privileges may be suspended under the Zero Tolerance Law (for BAC of .01 or greater) and DUI Laws (for BAC of .08 or greater). The loss of driving privileges is greater if you refuse to take a sobriety test.

	Under Zero Tolerance Law		Under DUI Laws	
		If test refused		If test refused
1 st violation	3 months	6 months	6 months	12 months
2 nd violation	1 year	2 years	1 year	3 years

Effect on Driving Record

- Zero tolerance (BAC of .01 or greater) – except during suspension period, not on public driving record as long as there is no subsequent suspension.
- DUI conviction (BAC of .08 or greater) – Permanently on public driving record

*Under certain conditions, you may be charged with DUI even though your BAC is below .08.

Except during suspension period, violation is not on public driving record as long as there is no subsequent suspension permanently on public driving record.

State of Illinois Statutory Provisions for Illegal Drugs Manufacture or Delivery

Illegal Drugs	Manufacture or Delivery (720 Illinois Compiled Statutes 570/401)				Possession (720 ILCS 570/402)	
	Class X Felony	Class 1 Felony	Class 2 Felony	Class 3 Felony	Class 1 Felony	Class 4 Felony
	not more than \$500,000 fine	not more than \$250,000 fine	not more than \$200,000 fine	not more than \$150,000 fine	not more than \$20,000 fine	not more than \$15,000 fine
	Min. 6 years	4 to 15 years	3 to 7 years	2 to 5 years	4 to 15 years	1 to 4 years
Heroin	15 grams or more	10-14 grams	10 grams or less		15 grams or more	less than 15 grams
Cocaine	15 grams or more	1-14 grams	1 gram or less		15 grams or more	less than 15 grams
Morphine	15 grams or more	10-14 grams	10 grams or less		15 grams or more	less than 15 grams
Peyote	200 grams or more	50-199 grams		50 grams or less	200 grams or more	less than 200 grams
Barbiturates	200 grams or more	50-199 grams		50 grams or less	200 grams or more	less than 200 grams
Amphetamines	200 grams or more	50-199 grams		50 grams or less	200 grams or more	less than 200 grams
Lysergic Acid (LSD)	15 grams or more	5 to 14 grams or hits		5 grams or less	15 grams or more	less than 15 grams
Petazocine	30 grams or more	10 to 29 grams		10 grams or less	30 grams or more	less than 30 grams

Methaqualone	30 grams or more	10 to 29 grams		10 grams or less	30 grams or more	less than 30 grams
Phencyclidine	30 grams or more	10 to 29 grams		30 grams or less	30 grams or more	less than 30 grams
Ketamine	30 grams or more	11 to 30 grams		less than 10 grams	30 grams or more	less than 30 grams
GHB	200 grams or more	50 to 200 grams		less than 50 grams	200 grams or more	less than 200 grams
Ecstasy	200 grams or more	50 to 199 grams		50 grams or less	200 grams or more	less than 200 grams

Note: Second Offense, double jail sentence and fine. This chart gives examples of the penalties which may be imposed on individuals convicted of drug possession, manufacturing, or delivery. ***The circumstances of the case and other factors affect whether or not these are the actual penalties imposed.***

Marijuana Sale or Delivery (720 Illinois Compiled Statutes 550/5)

Class B Misdemeanor: 2.5 grams or less, \$500 fine and/or six months in jail

Class A Misdemeanor: 2.5-10 grams or less, \$1,000 fine and/or one year in jail

Class 4 Felony: between 10-30 grams, 1-3 years in jail and/or \$10,000 fine

Class 3 Felony: between 30-500 grams, 2-5 years in jail and/or fine not to exceed \$50,000

Class 2 Felony: 500 or more grams, 3-7 years in jail and/or fine not to exceed \$100,000

Possession (720 Illinois compiled Statutes 550/4)

Class C Misdemeanor: 2.5 grams or less, \$500 fine and/or thirty days in jail

Class B Misdemeanor: between 2.5-10 grams, \$500 fine and/or six months in jail

Class A Misdemeanor: between 10-30 grams, \$1,000 fine and/or one year in jail

Class 4 Felony: between 30-500 grams, 1-3 years in jail and/or \$10,000 fine

Class 3 Felony: over 500 grams, 2-5 years in jail and/or fine not to exceed \$50,000

Federal Drug Laws

The possession, use, or distribution of illicit drugs is prohibited by federal law. Strict penalties are enforced for drug convictions, including mandatory prison terms for many offenses. The following information, although not complete, is an overview of federal penalties for first convictions. All penalties are doubled for any subsequent drug conviction.

Denial of Federal Aid (20 USC 1091)

Under the Higher Education Act of 1998, students convicted under federal or state law for the sale or possession of drugs will have their federal financial aid eligibility suspended. This includes all federal grants, loans, federal work study programs, and more. Students convicted of drug possession will be ineligible for one year from the date of the conviction of the first offense, two years for the second offense, and indefinitely for the third offense. Students convicted of selling drugs will be ineligible for two years from the date of the first conviction, and indefinitely for the second offense. Those who lose eligibility can regain eligibility by successfully completing an approved drug rehabilitation program.

Forfeiture of Personal Property and Real Estate (21 USC 853)

Any person convicted of a federal drug offense punishable by more than one year in prison shall forfeit to the United States any personal or real property related to the violation, including houses, cars, and other personal belongings. A warrant of seizure is issued and property is seized at the time an individual is arrested on charges that may result in forfeiture.

Federal Drug Trafficking Penalties (21 USC 841)

Penalties for federal drug trafficking convictions vary according to the quantity of the controlled substance involved in the transaction. The following list is a sample of the range and severity of federal penalties imposed for first convictions. Penalties for subsequent convictions are twice as severe.

If death or serious bodily injury result from the use of a controlled substance which has been illegally distributed, the person convicted on federal charges of distributing the substance faces mandatory life sentence and fines ranging up to \$8 million.

Persons convicted on federal charges of drug trafficking within 1,000 feet of a College (21 USC 845a) face penalties of prison terms and fines which are twice as high as the regular penalties for the offense, with a mandatory prison sentence of at least 1 year.

Drug/Substance	Amount	Penalty - 1st Conviction
Barbiturates	Any amount	Up to 5 years prison. Fine up to \$250,000

Cocaine	5 kgs. or more	Not less than 10 years prison, not more than life. Fine up to \$4 million
	Less than 100 grams	10-63 months prison. Fine up to \$1 million
Crack Cocaine	50 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million
	5-49 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million
	5 grams or less	10-63 months prison. Fine up to \$1 million
Ecstasy	Any amount	Up to 20 years imprisonment. Fine up to \$1 million. 3 years of supervised releases (following prison)
GHB	Any amount	Up to 20 years imprisonment. Fine up to \$1 million. 3 years of supervised releases (following prison)
Hashish	10-100 kg	Up to 20 years imprisonment. Fine up to \$1 million.
	10 kg or less	Up to 5 years imprisonment. Fine up to \$250,000
Hash Oil	1-100 kg	Up to 20 years imprisonment. Fine up to \$1 million.
	1 kg or less	Up to 5 years imprisonment. Fine up to \$250,000
Heroin	1 kg or more	Not less than 10 years prison, not more than life. Fine up to \$4 million
	100-999 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million
	100 grams or less	10-63 months prison. Fine up to \$1 million
Ketamine	Any amount	Up to 5 years imprisonment. Fine up to \$250,000. 2 years supervised release
LSD	10 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million
	1-10 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million
Marijuana	1000 kg or more	Not less than 10 years prison, not more than life. Fine up to \$4 million
	100-999 kg	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million

	50-99 kg	Up to 20 years imprisonment. Fine up to \$1 million
	50 kg or less	Up to 5 years imprisonment. Fine up to \$250,000
Methamphetamine	50 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million
	10-49 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million
	10 grams or less	10-21 months prison. Fine up to \$1 million
PCP	100 grams or more	Not less than 10 years prison, not more than life. Fine up to \$4 million
	10-99 grams	Not less than 5 years prison, not more than 40 years. Fine up to \$2 million
	10 grams or less	10-21 months prison. Fine up to \$1 million
Rohypnol	1 gram or more	Up to 20 years imprisonment. Fine up to \$1 million
	less than 30 mgs	Up to 5 years imprisonment. Fine up to \$250,000

Federal Drug Possession Penalties (21 USC 844)

Persons convicted on Federal charges of possessing any controlled substance face penalties of up to 1 year in prison and a mandatory fine of no less than \$1,000 up to a maximum of \$100,000. Second convictions are punishable by not less than 15 days but not more than 2 years in prison and a minimum fine of \$2,500. Subsequent convictions are punishable by not less than 90 days but not more than 3 years in prison and a minimum fine of \$5,000. Possession of drug paraphernalia is punishable by a minimum fine of \$750.

Special sentencing provisions for possession of crack cocaine impose a mandatory prison term of not less than 5 years but not more than 20 years and a fine up to \$250,000, or both if:

- A. It is a first conviction and the amount of crack possessed exceeds 5 grams;
- B. It is a second conviction and the amount of crack possessed exceeds 3 grams;
- C. It is a third or subsequent crack conviction and the amount exceeds 1 gram.

Civil penalties of up to \$10,000 may also be imposed for possession of small amounts of controlled substances, whether or not criminal prosecution is pursued.

Health Risks of Commonly Abused Substances

Substance	Nicknames/Slang Terms	Short Term Effects	Long Term Effects
Alcohol		slurred speech, drowsiness, headaches, impaired judgment, decreased perception and coordination, distorted vision and hearing , vomiting, breathing difficulties, unconsciousness, coma, blackouts,	toxic psychosis, physical dependence, neurological and liver damage, fetal alcohol syndrome, vitamin B1 deficiency, sexual problems, cancer, physical dependence
Amphetamines	uppers, speed, meth, crack, crystal, ice, pep pills	increased heart rate, increased blood pressure, dry mouth, loss of appetite, restlessness, irritability, anxiety	delusions, hallucinations, heart problems, hypertension, irritability, insomnia, toxic psychosis, physical dependence
Barbiturates and Tranquilizers	barbs, bluebirds, blues, yellow jackets, red devils, roofies, rohypnol, ruffies, tranqs, mickey, flying v's	slurred speech, muscle relaxation, dizziness, decreased motor control	severe withdrawal symptoms, possible convulsions, toxic psychosis, depression, physical dependence
Cocaine	coke, cracks, snow, powder, blow, rock	loss of appetite increased blood pressure and heart rate, contracted blood vessels, nausea, hyper-stimulation anxiety, paranoia, increased hostility Increased rate of breathing, muscle	depression, weight loss, high blood pressure, seizure, heart attack, stroke, hypertension, hallucinations, psychosis, chronic cough, nasal passage injury, kidney, liver and lung damage

		spasms and convulsions. dilated pupils disturbed sleep,	
Gamma Hydroxy Butyrate	GHB, liquid B, liquid X, liquid ecstasy, G, georgia homeboy, grievous bodily harm	euphoria, decreased inhibitions, drowsiness, sleep, decreased body temperature, decreased heart rate, decreased blood pressure	memory loss, depression, severe withdrawal symptoms, physical dependence, psychological dependence
Heroin	H, junk, smack, horse, skag	euphoria, flushing of the skin, dry mouth, "heavy" arms and legs, slowed breathing, muscular weakness	constipation, loss of appetite, lethargy, weakening of the immune system, respiratory (breathing) illnesses, muscular weakness, partial paralysis, coma, physical dependence, psychological dependence
Ketamine	K, super K, special K	dream-like states, hallucinations, impaired attention and memory, delirium, impaired motor function, high blood pressure, depression	Urinary tract and bladder problems, abdominal pain, major convulsions, muscle rigidity, increased confusion, increased depression, physical dependence, psychological dependence
LSD	acid, stamps, dots, blotter, A-bombs	dilated pupils, change in body temperature, blood pressure and heart rate, sweating, chills, loss of appetite, decreased sleep, tremors,	may intensify existing psychosis, panic reactions, can interfere with psychological adjustment and social functioning, insomnia,

		changes in visual acuity, mood changes	physical dependence, psychological dependence
MDMA	ecstasy, XTC, adam, X, rolls, pills	impaired judgment, confusion, blurred vision, teeth clenching, depression, anxiety, paranoia, sleep problems, muscle tension	same as LSD, sleeplessness, nausea, confusion, increased blood pressure, sweating, depression, anxiety, memory loss, kidney failure, cardiovascular problems, convulsions, death, physical dependence, psychological dependence
Marijuana/Cannabis	pot, grass, dope, weed, joint, bud, reefer, doobie, roach	sensory distortion, poor coordination of movement, slowed reaction time, panic, anxiety	bronchitis, conjunctivas, lethargy, shortened attention span, suppressed immune system, personality changes, cancer, psychological dependence, physical dependence possible for some
Mescaline	peyote cactus	nausea, vomiting, anxiety, delirium, hallucinations, increased heart rate, blood pressure, and body temperature,	lasting physical and mental trauma, intensified existing psychosis, psychological dependence
Morphine/Opiates	M, morf, duramorph, Miss Emma, monkey, roxanol, white stuff	euphoria, increased body temperature, dry mouth, "heavy" feeling in arms and legs	constipation, loss of appetite, collapsed veins, heart infections, liver disease, depressed respiration,



			pneumonia and other pulmonary complications, physical dependence, psychological dependence
PCP	crystal, tea, angel dust, embalming fluid, killer weed, rocket fuel, supergrass, wack, ozone	shallow breathing, flushing, profuse sweating, numbness in arms and legs, decreased muscular coordination, nausea, vomiting, blurred vision, delusions, paranoia, disordered thinking	memory loss, difficulties with speech and thinking, depression, weight loss, psychotic behavior, violent acts, psychosis, physical dependence, psychological dependence
Psilocybin	mushrooms, magic mushrooms, shrooms, caps, psilocybin & psilocyn	nausea, distorted perceptions, nervousness, paranoia,	confusion, memory loss, shortened attention span, flashbacks may intensify existing psychosis,
Steroids	roids, juice	increased lean muscle mass, increased strength, acne, oily skin, excess hair growth, high blood pressure	Cholesterol imbalance, anger management problems, masculinization or women, breast enlargement in men, premature fusion of long bones preventing attainment of normal height, atrophy of reproductive organs, impotence, reduced fertility, stroke, hypertension, congestive heart failure, liver damage, psychological dependence



Prevention and Education

Sandburg has an Alcohol and Other Drugs Prevention Committee who provides the leadership for the College's educational prevention program. Individual, group, and community educational programs and interventions designed to prevent and reduce alcohol and other drug use/abuse are offered to the Sandburg students and staff. As mandated by the Drug-Free Schools and Campuses Act, this policy is distributed to all students, staff and faculty on an annual basis, and an annual review of the comprehensive alcohol and other drug program is conducted. For more information concerning current programs, interventions and policies, contact Misty Lyon, Dean of Student Success at (309) 341.5422 or at mlyon@sandburg.edu or Kip Canfield, Director of Public Safety at (309) 341.5325 or at kcanfield@sandburg.edu.

Short term alcohol and other drug counseling is available on campus to students through **Sandburg's Counseling Services in E100 on the Galesburg campus (309) 341.5237 or in Carthage at (217) 357-3129**. Students may be referred through the Counseling Center to other treatment programs for more intensive treatment. Through Sandburg's Human Resources department, the Employee Assistance Program offers employees additional education and counseling, as well as appropriate referrals 1-800-383-7900.

Counseling and Treatment

On-Campus Resources

Sandburg Counseling Services	309.341.5237 or 217.357.3129
Student Conduct – VP of Student Services	309.341.5227 snorton@sandburg.edu
Public Safety	309.341.5304
Human Resources – Dean of HR/IE	309.341.5251
Employee Assistance Program	1-800-383-7900

Galesburg Counselors Specializing In Addiction Counseling

Bridgeway - Outpatient counseling. DUI evaluations and services, treatment services. 2323 Windish Dr., Galesburg. Call 1(309)344-2323, dial 0 and ask for Intake.

The Consultants - (James and Carolyn Sward) – Outpatient counseling for general addiction issues. DUI evaluations and classes. Email: jamesward@hotmail.com or sward47@hotmail.com
Phone: 1(309)343-2396.

Healthy Pathways Counseling - April Brobston, LPC (Supervised by Steven Foshay) Specializes in couple's communication and addiction recovery. Reduced rates to cash clients - 45.00 individual and 50.00 for couples. Limited slots for truly needy clients at 25.00 per session. Bondi Building, 311 East Main Street #205, Galesburg. Email: april.brobston@gmail.com. Website: www.aprilbrobston.com. Fax: 1(309)343-6005. Phone: 1(309)351-5255.

Other counseling resources are listed on our Public Safety website at <http://sandburg.edu/Services/Public-Safety/index.html>

Information and Crisis Hotlines

Abater Addiction and Mental Health Hotline - 24-hour crisis line for drug, alcohol and dual diagnosis. Crisis counseling and referral. 1(800)511-9225.

Addiction Recovery USA - Alcoholism Information & Treatment 1(888)821-5243

Recovery Referral Service - 1(888)887-5217

Drug Abuse & Addiction Centers - 1(888)279-6932

Addiction Center - www.addictioncenter.com

DrugRehab.com - <https://www.drugrehab.com/guides/campus/>

Drug Treatment Center Finder - www.drugtreatmentcenterfinder.com

Start Your Recovery - startyourrecovery.org

Support Groups

Alateen - Support for children that have been effected by someone else's drinking. Galesburg meetings for children ages 11-19 meet on Thursdays, 5 p.m. at Bridgeway. Meetings available for Churchill and Lombard Jr. High School students at the schools during the academic year.

Visit www.niafg.org or call 1(309)342-0146.

Alcoholics Anonymous - Usually one or more meeting daily in Galesburg, Monmouth, Knoxville, Oquawka and Abingdon. Times and locations vary call 24 hr. answering services 1(309)343-1530 or 1(309)337-2711 for information or assistance.

Al-Anon Info Service - Support for family and friends of persons who have been effected by someone else's drinking. For local group times visit: www.niafg.org; www.alanon.alateen.org or call 1(309)342-0146.

Narcotics Anonymous - Check www.centralillinoisna.org or call for local meeting times.

In-Patient Treatment Programs

Illinois Institute for Addiction Recovery at Proctor Hospital - Inpatient and outpatient treatment for all types of addiction. www.addictionrecov.org. 1(800)522-3784

Narconon - Need help with addiction? Provides long-term inpatient care. Call 1(800)556-8885.

Robert Young Mental Health Center - Rock Island 1(309)779-3000

White Oaks Center - Peoria 1(309)671-8040 or 1(309)692-6900

Quad City Area Alcohol and Drug Resources

Center for Alcohol and Drug Services - Rock Island 1(309)788-4571 or East Moline 1(309)792-1125

Psychological Services, Inc - Moline 1(309)757-9000

Good Shepherd Foundation - Geneseo 1(309)944-6205 or 1(309)944-3258

Bridgeway, Inc - Kewanee 1(309)852-5541

Alcohol Education and Intervention Services (A.E.I. Services) - Moline 1(309)644-0224

River Bend Christian Counseling - Moline 1(309)757-0300

Tri-County Alcohol and Drug Services, LLC - East Moline 1(309)752-9740

Alcohol and Drug Education Clinic, Inc - Rock Island 1(309)794-1097

Family Counseling and Psychology Center, P.C., DUI Services - Rock Island 1(309)788-6374



Alcohol and Drug Educational Services - Rock Island 1(309)786-2992

Peoria Area Alcohol and Drug Resources

- Drug Abuse & Addiction Centers - Peoria 1(309)713-3841**
- Illinois Alcohol and Drug Evaluation - Peoria 1(309)692-6277**
- Alcohol & Drug Evaluation Service - Peoria 1(309)692-9236**
- Teen Challenge Illinois - Peoria 1(309)673-3716**
- Chapin & Russell Associates - Peoria 1(309)279-5624**
- Alcohol & Drug Professionals - Pekin 1(309)346-2002**
- Peoria Alcohol & Drug Rehab - Pekin 1(309)270-1491**
- Alcohol & Drug Professionals - Canton 1(309)649-1002**
- DUI Countermeasures Inc - Peoria 1(309)676-7868**
- Tap Resources, Inc - Peoria 1(309)676-8762**
- Lisa M Birdoes - Peoria Heights 1(309)589-0910**
- Robert E Lewis - Peoria Heights 1(309)682-0566**
- Richardson Counseling Ctr - Bartonville 1(309)633-1030**
- DUI Countermeasures Inc - Pekin 1(888)212-3414**
- North Central Behavioral Health Systems - Canton 1(309)647-1881**
- Health Directions Mental Health Services - Canton 1(800)288-5912**
- White Oaks - Peoria 1(309)671-8040 or 1(309)692-6900**
- Human Service Center - Peoria 1(309)689-3051**
- Robert E Lewis Psychologist - Peoria 1(309)682-0566**

Other Resources

Alcohol Addiction Center - Resources for Alcoholics and Problem Drinkers.
<https://alcoholaddictioncenter.org/alcoholism-resources>

In accordance with Americans with Disabilities Act of 1990, no individual shall be discriminated against on the basis of disability in the full and equal enjoyment of the goods, services, facilities, privileges, advantages, or accommodations of the College. Further, no qualified individual with a disability shall, by reason of such disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the College or be subjected to discrimination by the College.